



# Cygnets News

Dear Parents,

This is the first of a series of Newsletters, this year which I hope you will keep you informed of the latest news at pre-school. We also have regular updates from Sarah and usually find out a bit more about the staff at Cygnets.

If you would like to see any more regular entries added to this document then please let Fay O'Neill (Katie's Mum) know.

## Sarah's Update

Welcome everyone to a new Pre-School year. It's lovely to see how much the children we already know have grown through the summer and great to meet and get to know all our new Cygnets.

All the children are settling into their new routines and enjoying all the fun activities we provide.

This year we are promoting health in our Early Years setting and have chosen to start by looking at healthy eating. Over the next 3 months we will be working with the children and their families thinking of lots of ideas for healthy meals and snacks. We have already been chopping up fruit and vegetables and will be playing games and singing songs all about food. Look out for leaflets coming home with suggestions of how to prepare exciting healthy options.

I would like to add at this point that we do have a strict fruit or vegetable snack policy and ask that parents provide this for their child each day that they attend. Fresh milk and water is always available. I realise the beginning of a session can be pretty busy but would like to remind you that I am always available if you have any concerns etc and am happy to help.

Here's to an action packed and enjoyable year for everyone!

**Sarah Levesley, Cygnets Manager**

## T-Shirts

Once our latest order of 'Cygnets' clothing has reached us we will be having a sale at pick-up/drop-off time in the middle of the day. New and nearly new t-shirts and sweatshirts will be available. Please look out for posters advertising the sale date in the pre-school lobby.

If your child has outgrown any of their Cygnets tops and they are still in good condition, please do consider donating these for the 'nearly new' table.

## Note from the Chair

I would like to take this opportunity to say 'Goodbye' to you all as my role as Chair of the Pre-School Committee comes to its end. I have really enjoyed the time my family have been involved with Cygnets (the last three and a half years). My two daughters' really enjoyed all the time they spent at pre-school and the staff did a fantastic job of welcoming them and helping them grow and develop and then prepare them for school. I have been on the committee, in a variety of roles, for the last 3 years, it's been a fun time and a great way to get to know other local families. In fact a lot of other committee members are now good friends. I hope to see a lot of you at the AGM, when this year's committee will hand over to the new team. If you have any questions about the committee or the roles available please do get in touch, you can contact me on [chair@cygnets.org](mailto:chair@cygnets.org). See you on the 29th Sept!

**The AGM will take place in the Main Community Centre, 7.30pm for cheese and wine, the meeting starting at 8pm, followed by a talk by Sam Broad, BEd from Lighthouse Toys who is talking on 'Play - how you child learns'. Thanks**

Your committee,

Michelle Peters  
Katie Speak  
Nicola Plumb  
Lucy Blatch

Rodalyn Clark  
Fay O'Neill  
Helen Walker